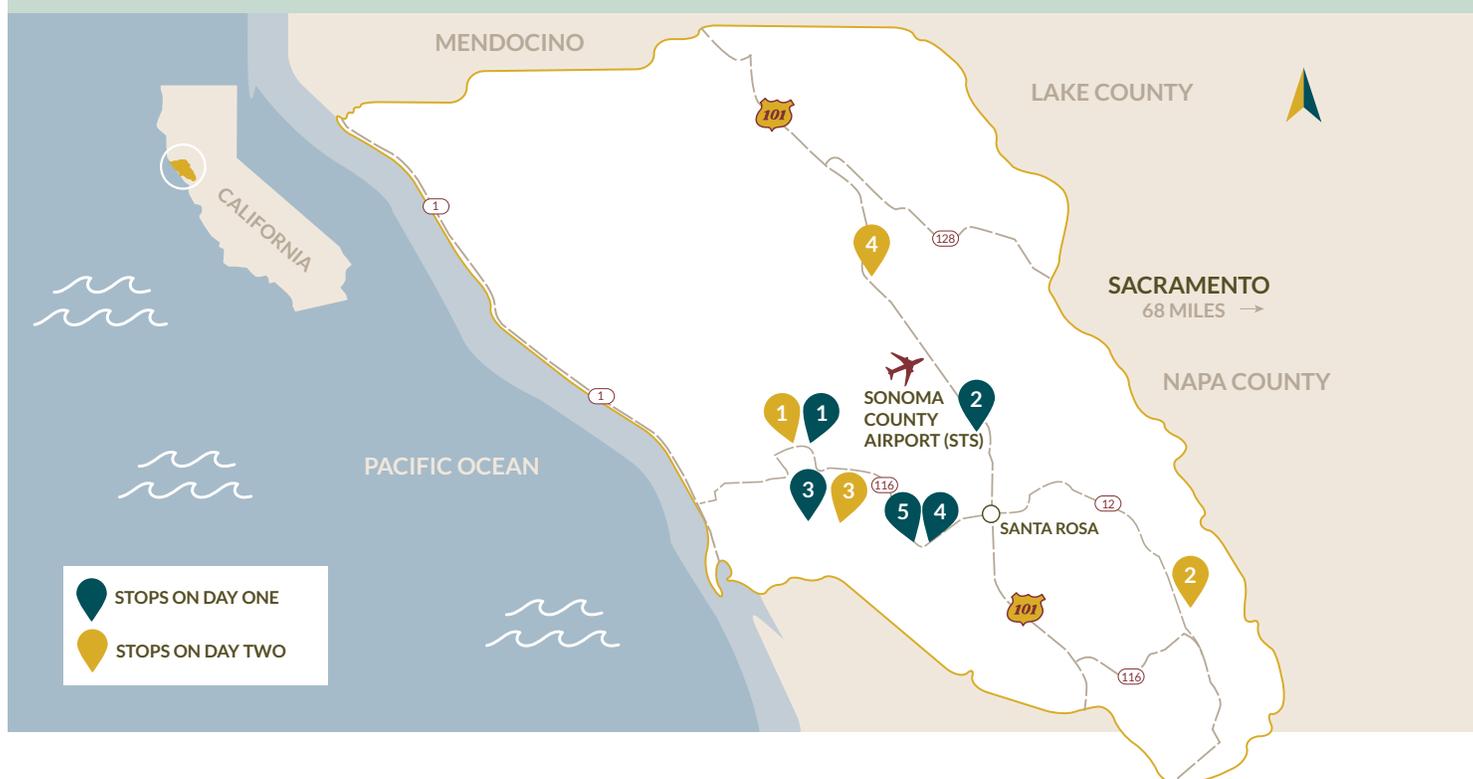


LOVE & LAUGHTER ITINERARY

A two-day trip to celebrate life



Day One

Stop One: Wake up at Mine + Farm

The moment we pulled into Mine + Farm we felt immediately at home. It's cozy and curated with special touches that were wrapped with love and care. The owners Bryce and Suzanne welcomed us along with their adorable dog Wilson. During our stay we lounged in the common areas and leafed through books, relaxed in the outdoor area, and explored the grounds. Our favorite part of our stay was the delicious breakfast we had served every morning at the long table alongside other guests.

12850 River Road, Guerneville CA, 95446

Stop Two: Hot Air Balloon Ride with Up & Away

Hot air balloons are practically synonymous with Sonoma County. With sweeping views of wineries and breathtaking sunrises that burst into bright blue skies, it was a "must" on our list. We woke up early to meet with Mike and his team before embarking on our adventure. Floating in the air is quiet, peaceful, and serene. We're both afraid of heights, but those fears were erased once we were lifted off. Our hearts warmed to share such special moment with our partners.

Email: info@up-away.com (Pick-up at STS airport)

Stop Three: Ziplining with Sonoma Canopy Tours

This incredible zipline course is tucked away in a thicket of redwood trees. Some of us had been ziplining before, but never in a place as gorgeous as this. We met our guides, Aiden and Angela, and snapped into our gear. We had a blast zipping from one tree to the next. Although the experience itself was a memorable adventure, we love their mission. They provide camp experiences, hikes, and excursions for children who might

not otherwise have the resources to connect with nature. It's a place of inclusion, love, and community.

6250 Bohemian Highway, Occidental CA, 95465

Stop Four: The Barlow | Region and Fern Bar

After a morning of adrenaline and excitement, we were ready for an afternoon of leisure. The four of us stopped off at The Barlow and tasted a variety of wines from Region. We loved their WineStation machines, which allowed us to sample a variety of wines with the swipe of a pre-loaded card. Once evening was upon us, we strolled over Fern Bar for a mouth-watering meal. For us, their garden-to-glass cocktails were a real treat. They offer house-made beers and spirit-free elixirs, so there is something for everybody to sip at Fern Bar.

6770 McKinley St, Sebastopol, CA 95472

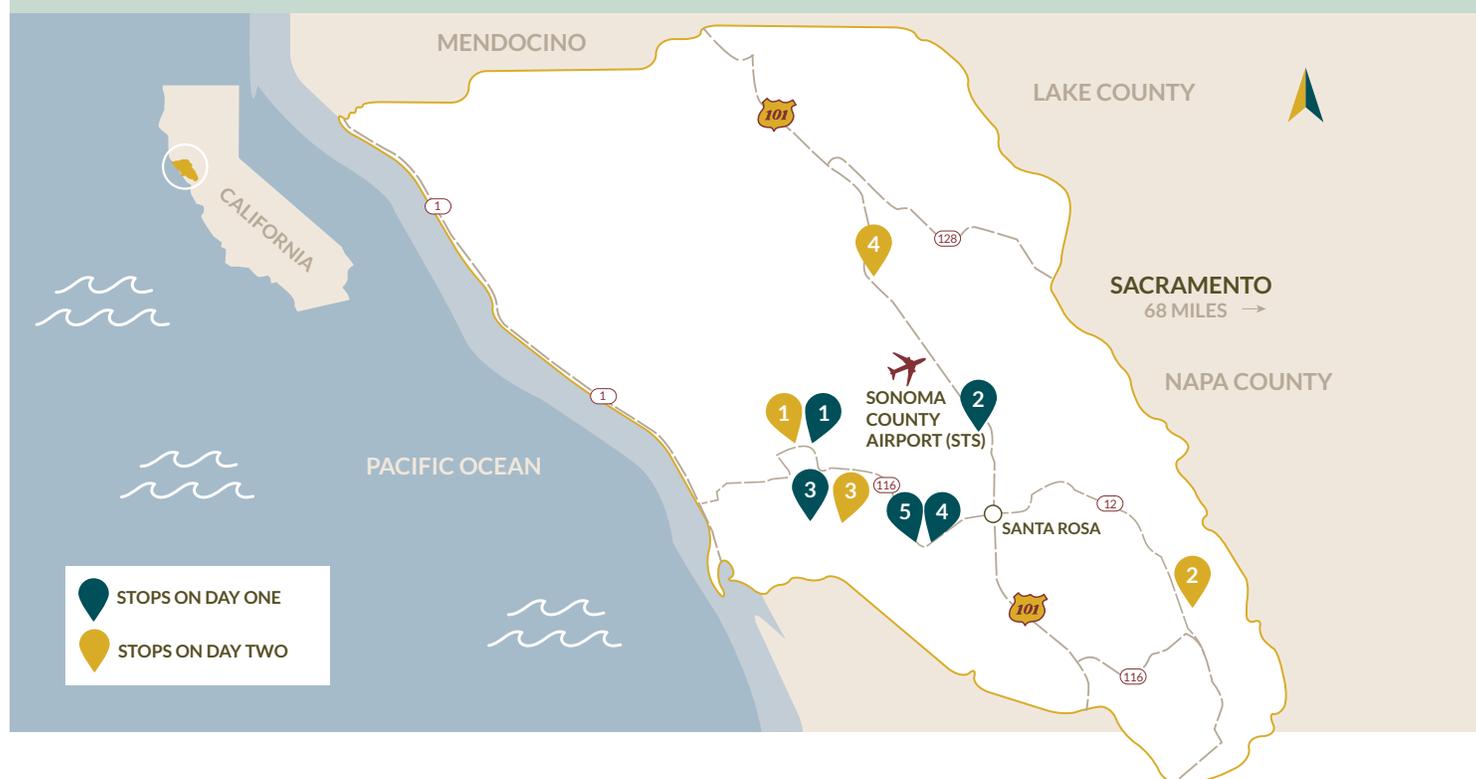
Stop Five: Florence Avenue

We love art that is interactive, whimsical, and puts a smile on your face. So Florence Avenue was next on our list. Located in Sebastopol, just a few minutes away from The Barlow, is this eclectic little strip of fabulous artwork created using found objects. Local artist Patrick Amiot and his wife, Brigitte Laurent take cars, cookware, discarded pipes, and other bits and pieces and bring them to life. Their work is on display up and down the street, in neighbor's yards and even in their front yard too. We grabbed an ice cream cone at a local shop before heading back to Mine + Farm to relax in the hot tub.

Florence Ave, Sebastopol, CA 95472

EXPERIENCE GRATITUDE

A two-day trip to reflect and appreciate



Day Two

Stop One: Breakfast at Mine + Farm

We woke up ready to start our day at the hotel. Mornings at Mine + Farm are slow and special, the perfect way to ease into the day. We sat at a long table, alongside other guests. Suzanne created dishes to accommodate each and every one of us (two vegetarians, one gluten-free, and one carnivore with no restrictions) and we all left with full bellies and smiles on our faces. If the owner Suzanne offers to make you juice—say yes. It will change your life.

12850 River Road, Guerneville CA, 95446

Stop Two: Cheesemaking at Epicurean Connection

Of all the things on our list, we were excited about learning how to make cheese. Not just because we're cheese lovers, but because we liked the idea of gaining a new skill during our trip to Sonoma County. However, we didn't just gain a new skill, we gained a new set of friends. Sheana and Ben are two of the kindest, most generous hearts we encountered in Sonoma County. Yes, they know their cheese, but they also are steadfast supporters of local arts, the culinary world, and the LGBTQ+ community. Learning how to make cheese was the fun and educational experience we expected, but having our hearts filled with love from Sheana and Ben was a bonus.

19670 Eighth St. East Suite A Sonoma, CA 95476

Stop Three: Chenoweth Wines

We headed to Chenoweth Wines for a UTV winery tour. Amy and her husband Charlie paired up with a group of close-knit friends to run Chenoweth Wines. That "come as you are" vibe was welcoming and warm. We were expecting to cruise through some grapevines and sip on chardonnay, but woah, were we blown away by the hospitality and fun Amy Chenoweth provided. We felt like we were old school buddies with her—it was an immediate connection. We were inspired by her passion for making wine. Their Sonoma County Rosé was an easy sipper while we explored the estate.

5550 Harrison Grade Road, Sebastopol CA, 95472

Stop Four: Dinner at Roof 106 at The Matheson

Roof 106 sits right in the downtown square of Healdsburg and wow, was it a great way to cap off our experience. We spent a little time at the Wine Wall before heading upstairs to the rooftop to immerse ourselves in the flavors of Sonoma County. For our vegetarians in the group,

the Broccoli Pizza was a memorable bite of deliciousness we won't soon forget. And the Prime New York Steak was perfectly-cooked and unforgettable. We sampled a few of their signature cocktails and re-lived some of our favorite experiences during the last 48 hours. As the sun set over Sonoma County we toasted to time well spent full of meaningful connections, memories we'll recount for years to come, and having this intentional togetherness.

106 Matheson St., Healdsburg CA, 95448