



72-HOUR ADVENTURE ITINERARY

Day 1 : Bodega Bay // Sonoma County

Arrive in Bodega Bay for your outdoor (and camping) adventure. With choices from camping and glamping to hotels and off-the-grid lodges, any option will be sure to fit with your 72-hour outdoor adventure trip.

Day 2 : Explore // The Pacific coastline

The California Coast is one of the most iconic and scenic coasts in the country. The coastal stretch north of San Francisco in Sonoma County is home to the picturesque sea villages Bodega, Bodega Bay, Jenner, Timber Cove, The Sea Ranch, and Gualala.

So, grab breakfast at one of the quaint, waterfront cafés before heading out for your coastal adventure.

Starting with Bodega Bay, this coastal town is home to wonderful hiking trails, and one of the most invigorating is at Bodega Head — the southernmost point of Sonoma Coast State Park, which stretches for 17 scenic miles along the Sonoma coastline. The ocean overlook at Bodega Head is prime for watching gray and blue whales traveling south from the Chukchi Sea near Alaska and down to Baja California for winter, then back north for the summer feeding season.

For a taste of history, head to the Fort Ross State Historic Park, which offers a rich adventure, as a former Russian colony established in 1812. Some of the ancient wood structures still remain on the 3,200 acre cliff-top site, as does an antique canon and water tower.

Day 3 : Explore // Golf + Zip lining

Rise with the sun and stretch, then take a stroll on the beach.

If golf is your game, there's a morning of thrill awaiting at Bodega Harbor. All 18 holes on the Scottish-style course offer spectacular views of the Pacific Ocean, with rolling fairways, undulating greens, and native coastal rough to up the challenge.

Fuel up for lunch with fresh-off-the-boat seafood, local meats, and produce making this a perfect lunch spot, overlooking the course and the coastline.

The next stop is zip lining — a 2-1/2-hour guided eco tour through the treetops with seven zip lines, two sky bridges, a majestic spiral staircase, a rappel to the forest floor, and hiking through the world famous California Coastal Redwoods.

Day 4 : Time to say goodbye

Before leaving Sonoma County, paddle the Russian River with a kayak or canoe ... and we'll see you next time.

SONOMA COUNTY
• CALIFORNIA •

LIFE OPENS UP

ADVENTURE

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